

“The Wedding of Cana”...

FROM THE GOSPEL ACCORDING TO - *JOHN* -:

“The mother [of Jesus] said to the servers, ‘Do whatever he tells you.’ ... Jesus told them: ‘Fill the jars with water.’ So they filled them to the brim.” (John 2:5-7)¹

MEDITATION ON THE MYSTERY:

At Mary’s request, Jesus changed the 6 jars of water into the 6 jars of wine – a figure of the Divine Spirit, so that we may espouse (well and with joy) the right ideal of life. (cf. *SLC*, p. 206G)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the Divine Spirit that should not be exchanged for the worldly spirit of wine, St. Francis de Sales says: *“The sweetness of the Holy Spirit cannot coexist with the artificial pleasures of this world.”*
(FRANCIS DE SALES, *Philothea*, IV, XIV)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

1 Our Father ...
5 Hail Mary ...
1 Glory be to the Father ... (Sung)

- Praised be,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...